

DISASTER PREPAREDNESS RECOMENDATIONS

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Create a Family Disaster Plan

- Discuss the type of hazards that could affect your family. Know your home's vulnerability to **storm surge, flooding and wind**.
- Locate a safe room or the safest areas in your home for each hurricane hazard. In certain circumstances the safest areas may not be your home but within your community.
- Determine escape routes from your home and places to meet. These should be measured in tens of miles rather than hundreds of miles.
- Have an out-of-state friend as a family contact, so all your family members have a single point of contact.
- Make a plan now for what to do with your pets if you need to evacuate.
- Post emergency telephone numbers by your phones and make sure your children know how and when to call 911.
- Check your insurance coverage - flood damage is not usually covered by homeowners insurance.
- Stock non-perishable emergency supplies and a Disaster Supply Kit.
- Use a NOAA weather radio. Remember to replace its battery every 6 months, as you do with your smoke detectors.
- Take First Aid, CPR and disaster preparedness classes

Create A Supply Kit

- **Water**
 - at least 1 gallon daily per person for 7 to 10 days
- **Food**
 - at least enough for 7 to 10 days
 - non-perishable packaged or canned food / juices
 - foods for infants or the elderly
 - snack foods
 - non-electric can opener
 - cooking tools / fuel
 - paper plates / plastic utensils
- **Blankets / Pillows, etc.**
- **Clothing**
 - seasonal / rain gear/ sturdy shoes
- **First Aid Kit / Medicines / Prescription Drugs**
- **Special Items**
 - for babies and the elderly
- **Toiletries / Hygiene items / Moisture wipes**
- **Flashlight / Batteries**
- **Radio**
 - Battery operated AM/FM
 - NOAA weather radio
- **Cash**
 - Banks and ATMs may not be open or available for extended periods.
- **Keys**
- **Toys, Books and Games**
- **Important documents**
 - in a waterproof container
 - Insurance, medical records, bank account numbers, Social Security card, etc.
- **Tools**
 - keep a set with you during the storm
- **Vehicle fuel tanks filled**
- **Pet care items**
 - proper identification / immunization records / medications
 - ample supply of food and water
 - a carrier or cage
 - muzzle and leash

Supplies in the supply kit should be restocked at the beginning of each Hurricane Season and consumed after Hurricane season comes to an end. This insures freshness of the supplies so that they are available when needed.

Ham Ready Kit

- Radio Equipment
 - VHF & UHF Radio
 - HT for portable use
 - Mobile for greater range or cross band operation
 - HF Radio
 - Have an HF radio and antenna system even if you don't have HF privileges
 - For monitoring HF net
 - In the event of an emergency you may have to use HF to get through
 - You may be able to operate under the direction of an HF control operator
 - AM/FM Radio or TV
- Power
 - Deep cycle 12 Volt batteries
 - Battery Charger
 - Solar Panel
 - 12 Volt to 120 Volt Inverter
 - Jumper cables to charge battery from vehicle, if necessary
 - Generator
 - Gasoline for Generator
 - Cigarette Lighter adapter for each radio
 - Cigarette Lighter splitter for multiple adapters and extensions
 - Additional HT Radio Batteries
 - Versatile power supply cables for radios
 - Alligator clip cables work great
 - Proper grounding equipment for radios, antennas and generators
- Antennas
 - Dual Band Mobile with magnetic mount works great for VHF/UHF
 - Wire Antenna works great for HF
 - Make sure all antennas are tuned and all antenna systems are pre-tested
 - Have enough antennas for each radio
 - Create an adapter kit with appropriate adapters for each radio/antenna combination
 - Tuner if needed
 - Push up pole
 - Guy lines for push up pole with ground stakes
 - Rope or line to hoist antennas in trees
 - SWR meter
- Feed line/Coax
 - Make sure you have enough and right kind for each radio/antenna
 - Make sure you have proper connectors
 - Extra in case it gets damaged during use
 - Portable soldering gun, solder and extra end connectors

- Bright colored surveyor's tape to keep people from running into feed line
- Test all feed line and connectors ahead of time
- OHM meter to test continuity
- Tools
 - Sledge Hammer for driving in ground rods and support stakes
 - Pliers
 - Flashlight and batteries
 - Soldering gun with solder
 - Leatherman or Gerber multitool
- Supplies/Documentation
 - Paper and pencils/pens
 - Logbook
 - Emergency net scripts
 - Emergency plans
 - Repeater directory
 - NTS Radiogram forms
- Personal Care Items
 - Clothes
 - Toiletries
 - Medication
 - Required prescription drugs
 - Include pain relievers such as Tylenol, etc.
 - Throat Lozenges
 - Chap Stick
 - Antacids (Tums, Rolaids)
 - Insect Repellent
 - Non-Deet possibly containing *Picaridin*. Deet consists of *diethyl-m-toluamide* which is absorbed by the skin and has shown some toxicity. It also dissolves most plastics which could harm radio equipment.
 - Suntan Lotion
 - First Aid Kit
 - Water/Snacks
 - Wet Wipes/Paper Towels
 - Cash
 - Execute Your Family Emergency plan
 - Take immediate steps to protect yourself, family and property
 - If You Plan To Participate in Amateur Emergency Operations
 - Proactively Notify your EC or AEC of your status
 - Tune to Local net frequencies and check in to the local net, if active
 - VHF - 146.760, 146.880
 - UHF - 444.000, 444.700
 - HF - 3862, 7238
 - Advise the EC/AEC of your availability and any constraints you may have

- Advise the EC/AEC of specific contact procedures
- Even if you can only commit to small intervals of assistance, your assistance can be utilized